

5 Common Myths About Domestic Violence



Myth #1: Domestic violence isn't very common.

According to a 2010 survey by the CDC, about 1 in 4 women in the U.S. have experienced domestic violence.

Let that statistic sink in. A quarter of women in our country have been physically assaulted by a husband, boyfriend, or other intimate partner at some point in their lives. What's more, almost 3 out of 4 Americans personally know someone who is or has been a victim.

As a society, we flinch at the idea of scarred and bruised women; in reality, millions of women are wearing those scars and bruises every day.

Myth #2: Domestic violence only happens in low-income urban communities.

Domestic violence is a crime that is blind to demographic markers like income level, educational attainment, and geographic location. It can (and does) happen anywhere, to anyone—a fact that goes unrealized when it's only talked about in hushed voices or under the breath, the way DV usually is.

Myths #3: Domestic violence is usually a one-time incident.

It's actually quite the opposite.

Domestic violence is rarely limited to a single episode; it's most often part of a clear pattern of abusive behavior—both physical and emotional—through which the abuser attempts to exert power and control over his partner.

Maybe he threatens her with violence if she doesn't do what he wants, or perhaps he displays frightening fits of rage and jealousy if she so much as looks at another man. Unfortunately many women who are victims tell themselves their partners will never hurt them again, but seldom does that hold true.

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DVAM Campaign

October is Domestic Violence Awareness Month.

To raise awareness, Hyde County Hotline is asking supporters to take pictures with the “No More” message attached to this newsletter and email them to echydehotline@gmail.com to be used in the month of October on our Facebook page and website.

If you have any questions, please feel free to call or email Eve Richardson at 252-925-2502 or echydehotline@gmail.com.

Thank you for your continued support!

OUR MISSION:

The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community.

We promote dignity, respect and safety at home resulting in safer communities.

**DOMESTIC VIOLENCE
HOMICIDES IN NC**
from January 1 – August 5, 2015

25 Murders

www.nccadv.org



**NO MORE EXCUSES.
TAKE THE PLEDGE.**

Too often, domestic violence and sexual assault are seen as “women’s issues.” **NO MORE.**

Domestic violence, sexual assault and abuse are everyone’s issues.

Join us and the many men who are saying **NO MORE.**

**TAKE THE PLEDGE AND INVITE YOUR FAMILY
AND FRIENDS TO JOIN THE MOVEMENT.**

<http://nomore.org/takethepledge/>

Want to learn more about being a Hyde County Hotline Crisis Line or Shelter Volunteer?

Let us know. 252-925-2502
252-926-5481

How you can help...

- **Donate to our Thrift Stores – call us for pick-up of large items 252-925-2502 (all donations are tax deductible)
- **Ask us about presentations **Ask how we can help you
- ** Tell others about us
- **Monetary donations are accepted: PO Box 335, Engelhard, NC 27824



We're on the Web!
Visit us at:
www.hydecounthotline.org



*Hyde County Hotline's
5th Annual Gala*

Unmasquerade Ball



*Saturday, November 21, 2015
Six o'clock in the evening*

The annual Winter Gala is an elegant, sophisticated evening with entertainment and a fabulous silent auction.

Hyde County Hotline will provide a beautiful location with stylish décor for this year's Unmasquerade Ball.

This year's event will include:

Hors d'oeuvres

Silent auction featuring unique items and experiences

Gourmet Dinner

Entertainment

Live auction

Dancing with music by
DJ JM until midnight



Sponsorship Levels

\$1,000

\$700

\$500



**Sponsor Tables \$800
(seats 8)**

Tickets

Couples \$100

Individuals \$55



We are currently accepting donations for the
5th Annual Gala Live and Silent Auction.

To donate, please call 252-925-2502.

Thank you for your support!

*All donations are tax-deductible and tax donation forms will be
mailed to you from Hyde County Hotline upon request.*



Myth #4: If it were that serious, she would just leave.

That statement is *so easy* to say from the outside looking in; from the inside looking out, it's a totally different story—one that isn't nearly so black and white.

What if the woman being abused doesn't have a job, and therefore is financially dependent on the person hitting her?

What if she fears the violence will escalate if she attempts to get out (a very justified fear, considering that often an abused woman is in the *most* danger immediately after she leaves)?

What if she has children and doesn't want to uproot their entire lives?

What if she genuinely cares about her partner and wants to believe he can change?

The fact that a woman feels a mixture of love and fear—that she's torn between a desire to leave and a commitment to stay—is in no way an indication that the violence isn't serious.

Myth #5: Domestic violence is a problem to be solved by women.

Victims of DV can be any gender, but the overwhelming majority (85%) are female. If the responsibility to prevent such violence lies solely with the group that is suffering the abuse, we will inevitably hit a brick wall. Those who are at fault—male perpetrators—won't be reached.

To create a safer world for women, well-meaning men—those who *don't* shove their wives around, those who would *never* threaten their girlfriends—need to become actively engaged in the movement to end violence against women.

They need to stand side-by-side with the mothers, sisters, wives, and daughters they love to say that it's time to start taking real action against domestic violence.

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Support Group Meetings

Domestic Violence
1st and 3rd Wednesday
of every month

Sexual Assault
2nd and 4th Wednesday
of every month

Call 252-925-2502 for
more information.

75%

of women who are killed in
domestic violence homicides
are murdered after they leave or
in the process of leaving.

TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT

NO MORE |

Hyde County Hotline
24 Hour Crisis Line
252-925-2500